

2022 Employee Health Insurance Rates

The 2022 health insurance rates for active, full-time employees are effective January 1, 2022 through December 31, 2022, deducted 24 out of 26 pay periods. Medical, dental and vision benefits are pre-tax. Benefits are not available for part-time employees, except for those that qualify in accordance with the Affordable Care Act (ACA).

Optima Health (Medical)

Optima HDHP (High Deductible Health Plan) Employee Only Employee & Child(ren) Employee & Spouse Family	High Deductible Health Plan) mployee Only mployee & Child(ren) mployee & Spouse		Employee Contribution Per Pay Period \$15.57 \$25.15 \$38.57 \$53.65	
HSA for Optima HDHP (Health Savings Account)	Annual Maximum (Less City Contribution)		Employee Contribution Maximum Per Pay Period (Optional)	
Individual	\$2,650		\$110.42	
Family	\$6,050		\$252.08	
Age 55+ Catch Up	\$1,000		N/A	
Optima HMO (Health Maintenance Organization)			Employee Contribution Per Pay Period	
Employee Only			\$49.86	
Employee & Child(ren)			\$149.59	
Employee & Spouse			\$267.59	
Family			\$319.12	
Optima POS (Point of Service)			Employee Contribution Per Pay Period	
Employee Only			\$118.60	
Employee & Child(ren)			\$266.84	
Employee & Spouse			\$454.61	
Family			\$569.24	

Delta Dental (Dental)

Delta EPO	Employee Contribution
(Exclusive Provider Organization)	Per Pay Period
Employee Only	\$10.30
Employee & Child(ren)	\$21.89
Employee & Spouse	\$20.51
Family	\$29.96
Delta PPO Plus Premier	Employee Contribution
(Preferred Provider Organization)	Per Pay Period
Employee Only	\$12.26
Employee & Child(ren)	\$26.83
	Ψ26.63
Employee & Spouse	\$25.22

Vision Service Plan (Vision)

Vision Service Plan (VSP)	Employee Contribution Per Pay Period
Employee Only	\$4.47
Employee & Child(ren)	\$8.60
Employee & Spouse	\$8.38
Family	\$13.78

Legal Resources (Legal)

Legal Resources	Employee Contribution Per Pay Period
Legal Resources	\$8.50

Flexible Benefits Administrators (FSA)

Flexible Spending Accts	Annual Maximums	Maximum Contribution Per Pay Period
Health Care Account	\$2,750	\$112.58
Dependent Care Account	\$5,000	\$208.34

Fitness Center Memberships

Fitness Centers	Levels	Employee Contribution Per Pay Period
	Employee Only	\$13.50
OneLife Fitness Center	Employee + 1 Child	\$18.50
	Employee + 2 Childre	en \$23.50
*Child = Age 13 & under	Employee & Spouse	e \$27.00
	Employee & Family	\$37.00
	Employee Only	\$23.63
YMCA of South Hampton Roads	Employee + 1	\$29.25
_	Employee & Family	\$34.88

Aflac (Short-Term Disability)

A	flac (Sho	ort-Term.	Disability)		
Annual Income		\$9,000	\$12,000	\$12,000	\$16,000	\$18,000
Benefit Period	Age	\$500	\$600	\$700	\$800	\$900
	18-49	\$5.20	\$6.24	\$7.28	\$8.32	\$9.36
6 Months	50-64	\$6.18	\$7.41	\$8.65	\$9.88	\$11.12
	65-74	\$7.80	\$9.36	\$10.92	\$12.48	\$14.04
Annual Income		\$20,000	\$22,000	\$24,000	\$26,000	\$28,000
Benefit Period	Age	\$1,000	\$1,100	\$1,200	\$1,300	\$1,400
	18-49	\$10.40	\$11.44	\$12.48	\$13.52	\$14.56
6 Months	50-64	\$12.35	\$13.59	\$14.82	\$16.06	\$17.29
	65-74	\$15.60	\$17.16	\$18.72	\$20.28	\$21.84
Annual Income		\$30,000	\$32,000	\$34,000	\$36,000	\$38,000
Benefit Period	Age	\$1,500	\$1,600	\$1,700	\$1,800	\$1,900
	18-49	\$15.60	\$16.64	\$17.68	\$18.72	\$19.76
6 Months	50-64	\$18.53	\$19.76	\$21.00	\$22.23	\$23.47
O MOILLIS		\$22.12	'			
	65-74	\$23.40	\$24.96	\$26.52	\$28.08	\$29.64
Annual Income	65-74	'				
Annual Income Benefit Period		\$23.40 \$40,000 \$2,000	\$24.96 \$42,000 \$2,100	\$44,000	\$46,000	\$48,000
	Age 18-49	\$40,000	\$42,000			
	Age	\$40,000	\$42,000 \$2,100	\$44,000 \$2,200	\$46,000 \$2,300	\$48,000 \$2,400
Benefit Period	Age 18-49	\$40,000 \$2,000 \$20.80	\$42,000 \$2,100 \$21.84	\$44,000 \$2,200 \$22.88	\$46,000 \$2,300 \$23.92	\$48,000 \$2,400 \$24.96
Benefit Period 6 Months	Age 18-49 50-64	\$40,000 \$2,000 \$20.80 \$24.70 \$31.20	\$42,000 \$2,100 \$21.84 \$25.94 \$32.76	\$44,000 \$2,200 \$22.88 \$27.17 \$34.32	\$46,000 \$2,300 \$23.92 \$28.41 \$35.88	\$48,000 \$2,400 \$24.96 \$29.64 \$37.44
Benefit Period	Age 18-49 50-64 65-74	\$40,000 \$2,000 \$20.80 \$24.70 \$31.20	\$42,000 \$2,100 \$21.84 \$25.94 \$32.76 \$52,000	\$44,000 \$2,200 \$22.88 \$27.17 \$34.32 \$54,000	\$46,000 \$2,300 \$23.92 \$28.41 \$35.88 \$56,000	\$48,000 \$2,400 \$24.96 \$29.64 \$37.44 \$58,000
Benefit Period 6 Months Annual Income	Age 18-49 50-64	\$40,000 \$2,000 \$20.80 \$24.70 \$31.20	\$42,000 \$2,100 \$21.84 \$25.94 \$32.76	\$44,000 \$2,200 \$22.88 \$27.17 \$34.32	\$46,000 \$2,300 \$23.92 \$28.41 \$35.88	\$48,000 \$2,400 \$24.96 \$29.64 \$37.44
Benefit Period 6 Months Annual Income	Age 18-49 50-64 65-74 Age 18-49	\$40,000 \$2,000 \$20.80 \$24.70 \$31.20 \$50,000 \$2,500	\$42,000 \$2,100 \$21.84 \$25.94 \$32.76 \$52,000 \$2,600 \$27.04	\$44,000 \$2,200 \$22.88 \$27.17 \$34.32 \$54,000 \$2,700	\$46,000 \$2,300 \$23.92 \$28.41 \$35.88 \$56,000 \$2,800 \$29.12	\$48,000 \$2,400 \$24.96 \$29.64 \$37.44 \$58,000 \$2,900 \$30.16
Benefit Period 6 Months Annual Income Benefit Period	Age 18-49 50-64 65-74	\$40,000 \$2,000 \$20.80 \$24.70 \$31.20 \$50,000 \$2,500 \$26.00	\$42,000 \$2,100 \$21.84 \$25.94 \$32.76 \$52,000 \$2,600	\$44,000 \$2,200 \$22.88 \$27.17 \$34.32 \$54,000 \$2,700 \$28.08	\$46,000 \$2,300 \$23.92 \$28.41 \$35.88 \$56,000 \$2,800	\$48,000 \$2,400 \$24.96 \$29.64 \$37.44 \$58,000 \$2,900
Benefit Period 6 Months Annual Income Benefit Period 6 Months	Age 18-49 50-64 65-74 Age 18-49 50-64	\$40,000 \$2,000 \$20.80 \$24.70 \$31.20 \$50,000 \$2,500 \$26.00 \$30.88 \$39.00	\$42,000 \$2,100 \$21.84 \$25.94 \$32.76 \$52,000 \$2,600 \$27.04 \$32.11 \$40.56	\$44,000 \$2,200 \$22.88 \$27.17 \$34.32 \$54,000 \$2,700 \$28.08 \$33.35 \$42.12	\$46,000 \$2,300 \$23.92 \$28.41 \$35.88 \$56,000 \$2,800 \$29.12 \$34.58 \$43.68	\$48,000 \$2,400 \$24.96 \$29.64 \$37.44 \$58,000 \$2,900 \$30.16 \$35.82 \$45.24
Benefit Period 6 Months Annual Income Benefit Period	Age 18-49 50-64 65-74 Age 18-49 50-64 65-74	\$40,000 \$2,000 \$20.80 \$24.70 \$31.20 \$50,000 \$2,500 \$26.00 \$30.88	\$42,000 \$2,100 \$21.84 \$25.94 \$32.76 \$52,000 \$2,600 \$27.04 \$32.11	\$44,000 \$2,200 \$22.88 \$27.17 \$34.32 \$54,000 \$2,700 \$28.08 \$33.35 \$42.12	\$46,000 \$2,300 \$23.92 \$28.41 \$35.88 \$56,000 \$2,800 \$29.12 \$34.58	\$48,000 \$2,400 \$24.96 \$29.64 \$37.44 \$58,000 \$2,900 \$30.16 \$35.82 \$45.24
Benefit Period 6 Months Annual Income Benefit Period 6 Months Annual Income	Age 18-49 50-64 65-74 Age 18-49 50-64	\$40,000 \$2,000 \$20.80 \$24.70 \$31.20 \$50,000 \$2,500 \$26.00 \$30.88 \$39.00	\$42,000 \$2,100 \$21.84 \$25.94 \$32.76 \$52,000 \$2,600 \$27.04 \$32.11 \$40.56	\$44,000 \$2,200 \$22.88 \$27.17 \$34.32 \$54,000 \$2,700 \$28.08 \$33.35 \$42.12	\$46,000 \$2,300 \$23.92 \$28.41 \$35.88 \$56,000 \$2,800 \$29.12 \$34.58 \$43.68	\$48,000 \$2,400 \$24.96 \$29.64 \$37.44 \$58,000 \$2,900 \$30.16 \$35.82 \$45.24 \$73,000 \$3,400
Benefit Period 6 Months Annual Income Benefit Period 6 Months Annual Income	Age 18-49 50-64 65-74 Age 18-49 50-64 65-74 Age	\$40,000 \$2,000 \$20.80 \$24.70 \$31.20 \$50,000 \$2,500 \$26.00 \$30.88 \$39.00 \$60,000 \$3,000	\$42,000 \$2,100 \$21.84 \$25.94 \$32.76 \$52,000 \$2,600 \$27.04 \$32.11 \$40.56 \$61,000 \$3,100	\$44,000 \$2,200 \$22.88 \$27.17 \$34.32 \$54,000 \$2,700 \$28.08 \$33.35 \$42.12 \$63,000 \$3,200	\$46,000 \$2,300 \$23.92 \$28.41 \$35.88 \$56,000 \$2,800 \$29.12 \$34.58 \$43.68 \$68,000 \$3,300	\$48,000 \$2,400 \$24.96 \$29.64 \$37.44 \$58,000 \$2,900 \$30.16 \$35.82 \$45.24